

University of
Lethbridge



NESA



NURSING EDUCATION
IN SOUTHWESTERN ALBERTA

BN PROGRAMS

Program Planning Guide

Name: _____

ID: _____

Calendar Year: 2023/2024

Major in Nursing:

www.ulethbridge.ca/healthsciences/bn

Academic Calendar:

www.ulethbridge.ca/ross/academic-calendar

High School Admission Requirements:

www.ulethbridge.ca/ross/admissions/undergrad/high-school

Current and Past Program Planning Guides:

www.ulethbridge.ca/ross/ppgs

Faculty of Health Sciences Advising:

www.ulethbridge.ca/healthsciences/advising

Bachelor of Nursing

This Program Planning Guide is designed to help you plan your Bachelor of Nursing program in the Faculty of Health Sciences at the University of Lethbridge and the Centre for Health & Wellness at Lethbridge College. The information should help you keep track of your progress.

Please remember that this is only a guide. It should be used in conjunction with the Lethbridge College and University of Lethbridge Calendars, which are the final authorities on all questions regarding program requirements and admission to the Bachelor of Nursing program.

Name : _____

ID : _____

Program Requirements

Completion of at least 41.3 course equivalents (124.0 credit hours) with a cumulative GPA of at least 2.00 on all courses taken for credit towards the degree, AND a minimum cumulative GPA of 2.50 on all required Nursing and Health Sciences courses taken for credit towards the degree.

Core Courses: Nursing

- _____ Nursing 1400 - Becoming a Nurse
- _____ Nursing 1410 - Personal Health and Wholeness
- _____ Nursing 1420 - Intersectionality and Health
- _____ Nursing 1500 - Caring Communication
- _____ Nursing 1521 - Assessing Health
- _____ Nursing 1522 - Introduction to Praxis
- _____ Nursing 2300 - Evidence and Praxis
- _____ Nursing 2321 - Health of Persons
- _____ Nursing 2322 - Praxis with Persons
- _____ Nursing 2421 - Health of Families
- _____ Nursing 2422 - Praxis with Families
- _____ Nursing 3021 - Community and Population Health
- _____ Nursing 3022 - Praxis in Health Promotion
- _____ Nursing 3100 - Leadership and Change
- _____ Nursing 3121 - Mental Health and Addiction
- _____ Nursing 3122 - Praxis in Mental Health
- _____ Nursing 3200 - Praxis and the Digital Age
- _____ Nursing 3300 - Nursing and Global Health
- _____ Nursing 3321 - Acute Health Disruptions
- _____ Nursing 3322 - Praxis in Acuity
- _____ Nursing 4922 - Professional Preceptorship (15.0 credit hours)

Core Courses: Non-Nursing

- _____ Biology 1160 - Anatomy and Physiology I (LC) or Kinesiology 1160 - Human Anatomy and Physiology I (UoFL)
- _____ Biology 1161 - Anatomy and Physiology II (LC) or Kinesiology 1161 - Human Anatomy and Physiology II (UoFL)
- _____ Biology 1155 - Human Nutrition (LC) or **Biochemistry 2300 - Elements of Human Nutrition (UoFL)
- _____ English 1150 - Composition (LC) or Writing 1000 - Introduction to Academic Writing (UoFL)
- _____ Health Sciences 3450/Psychology 3450 - Applied Statistics for Clinical Practice
- _____ Health Sciences 3560/History 3560 - History of Nursing: Women and the Care of the Sick
- _____ Humanities 1155 - Ethics (LC) or Philosophy 1xxx (UoFL)

- _____ Indigenous Studies 1155 - Introduction to Indigenous Studies (LC) or Indigenous Studies 1000 - Introduction to Indigenous Studies I: Canadian Contexts (UoFL)
- _____ Psychology 1160 - Introduction to Psychology (LC) or Psychology 1xxx (UoFL)
- _____ Sociology 1160 - Introduction to Sociology (LC) or Sociology 1000 - Introduction to Sociology (UoFL)

One of (UoFL):

- _____ Aboriginal Health 1000 - Introduction to Aboriginal Health
- _____ *Aboriginal Health 2000 - Indigenous Healing and Restoration
- _____ *Aboriginal Health 3310 - Contemporary Issues in Aboriginal Health
- _____ Addictions Counselling 1000 - Introduction to Addiction Studies
- _____ *Addictions Counselling 3002 - Health Education and Promotion
- _____ Health Sciences 1170 - Human Development Across the Lifespan
- _____ *Health Sciences 2600/Women and Gender Studies 2100 - Women and Health
- _____ *Health Sciences 2700/Sociology 2700 - Health and Society
- _____ *Health Sciences 3125 - Pain Management
- _____ *Health Sciences 3127 - Loss, Grief and Bereavement
- _____ *Health Sciences 3570/Psychology 3570 - Contemporary Issues in Mental Health
- _____ *Health Sciences 3802 - Gerontology
- _____ *Health Sciences 3860 - Men's Health
- _____ Public Health 1000 - Introduction to Public Health
- _____ *Public Health 2000 - Population Health

Elective:

- _____ One Social Science elective
- 1. _____

Notes

* These courses have additional prerequisites.

** or Health Sciences 2310 - Human Nutrition

NESA BN Programs Handbook: www.ulethbridge.ca/healthsciences/handbook

NESA BN Policies & Guidelines: www.ulethbridge.ca/healthsciences/policies

Time Limits & Residence Requirement - The time limit for program completion is 7 years, with a time limit for retention of individual course credit of 7 years for Nursing courses and 10 years for Human Anatomy and Human Physiology courses. Students must complete all Year 3 and Year 4 courses at the University of Lethbridge (20 course equivalents [60 credit hours]). See Academic Regulations, Residence Requirements and Time Limits (p. 58) in the 2023/2024 Calendar.

Minimum Grade Requirements - A minimum grade of 'C-' is required in all Nursing courses, Biology 1160/Kinesiology 1160, and Biology 1161/Kinesiology 1161 (or equivalents). Any student who receives a grade of 'D+' or lower is required to repeat the course and achieve a grade of 'C-' or higher before being allowed to take further Nursing courses and proceed in the program.

Note: Due to the structured nature of the BN program, students are strongly discouraged from declaring a minor. Completing a minor will require taking courses above the minimum degree requirements and could lengthen the duration of your program. Consult your Advisor prior to declaring a minor.

Sample Sequencing Plan

Students **MUST** take nursing courses in the sequence indicated (see Faculty of Health Sciences, Nursing course sequence requirements, p. 200 in the 2023/2024 Calendar).

| | |
|--|--|
| <p>Year 1, Fall (LC) Nursing 1400 Nursing 1410 Nursing 1420 Biology 1160/Kinesiology 1160 English 1150/Writing 1000 One of: Biology 1155/Biochemistry 2300 Indigenous Studies 1155/Indigenous Studies 1000</p> | <p>Year 1, Winter (LC) Nursing 1500 Nursing 1521 Nursing 1522 Biology 1161/Kinesiology 1161 Psychology 1160/Psychology 1xxx One of: Biology 1155/Biochemistry 2300 Indigenous Studies 1155/Indigenous Studies 1000</p> |
| <p>Year 2, Fall or Winter (LC) Nursing 2300 Nursing 2321 Nursing 2322 One of: Humanities 1155/Philosophy 1xxx Sociology 1160/Sociology 1000</p> | <p>Year 2, Fall or Winter (LC) Nursing 2421 Nursing 2422 Social Science Elective One of: Humanities 1155/Philosophy 1xxx Sociology 1160/Sociology 1000</p> |
| <p>Year 3, Fall (U of L) Health Sciences 3450/Psychology 3450 One of: [Nursing 3021 and Nursing 3022 and Nursing 3100] or [Nursing 3121 and Nursing 3122 and Nursing 3200]</p> | <p>Year 3, Spring (U of L) Health Sciences 3560/History 3560 One of: [Nursing 3021 and Nursing 3022 and Nursing 3100] or [Nursing 3121 and Nursing 3122 and Nursing 3200] or [Nursing 3321 and Nursing 3322 and Nursing 3300]</p> |
| <p>Year 4, Fall (U of L) One of: [Nursing 3121 and Nursing 3122 and Nursing 3200] or [Nursing 3321 and Nursing 3322 and Nursing 3300] "One of" Course</p> | <p>Year 4, Spring (U of L) Nursing 4922</p> |

Accelerated (Fast-Track) Course Sequencing for Years 3 & 4

| | |
|---|---|
| <p>Year 3, Fall (U of L) Health Sciences 3450/Psychology 3450 One of: [Nursing 3121 and Nursing 3122 and Nursing 3200] or [Nursing 3321 and Nursing 3322 and Nursing 3300] "One of" Course</p> | <p>Year 3, Spring (U of L) Health Sciences 3560/History 3560 One of: [Nursing 3021 and Nursing 3022 and Nursing 3100] or [Nursing 3121 and Nursing 3122 and Nursing 3200]</p> |
| <p>Year 4, Summer (U of L) Nursing 3300 Nursing 3321 Nursing 3322</p> | |
| <p>Year 4, Fall (U of L) Nursing 4922</p> | |